Council on Aging
October 8, 2025
Grange Hall, Town Hall Lower Level

1. Meeting called to order at 9:20 AM. Present: Chuck Raffoni, Mary Dow, Barbara Martin, Jean Haight. Absent: Roy Mayer, Joan Simmons. Minutes from the September COA meeting were reviewed and approved.
2. Birthday Card update: Approximately 100 cards have been created and donated by the Florence Roche School. The cards from Swallow Union have yet to arrive. Add a note to the Senior Newsletter that cards have been replenished and should be coming their way soon! Should we reach out to other schools or perhaps the Teen Art Cub at the Library?
3. The GDRSD school committee would like to have another senior dinner for us. We suggested that perhaps Lacey could come to have lunch with us one week, just to get to know the seniors there.
4. November Meals: 11/5 Trip to the Greater Lowell Vocational High School. Cost is $15, be at the school at 11:00, with a photo ID. Choice of chicken pot pie or baked haddock. 11/12 Hot dogs and beans, 11/19 Swedish meatballs. Should we ask Library to provide a meal?
5. Grant Money $5000: Discussion of Bone Builders using the Library on Mondays to add another class. This would conflict with an exercise class already being provided at the Town Hall, Barre Fusion. We decided not to endorse this, and to create programming to enhance what we do already and to try to reach more seniors with other options. We are looking at returning to Chair Yoga, and considering chair massage, tai chi, and Reiki sessions.
6. Halloween Lunch: costumes encouraged, we will be playing Halloween Bingo. Prizes will be solicited from local businesses.
7. Barbara will check with the Road Commission about getting salt buckets for the seniors.
8. Cultural Grant: we discussed having Barry Scott again, and opening it up to a wider audience, possibly a night time performance. We could offer refreshment and have a donation jar available, possibly a raffle basket to win. Chuck will apply for the Grant.
9. Future COA meeting dates: 11/15, 12/3, 1/7. Meeting adjourned at 10:15.

Minutes submitted by Jean Haight, COA Secretary